



INTRO TO COLLEGE: YOUR STORY

TIME TO TELL YOUR STORY...

Fast forward into the future and tell your college story. Use the template below. What happened your first year in college? Once you complete this story, go into greater detail and then tell your Social, Emotional, Physical, Financial, Academic stories! The more details, the better.

* * *

Dear Me,

It's _____ (fill in with a date in the future).

**I reached my goal and accomplished _____
_____ (fill in blank)**

**The most uncomfortable part of this experience was: _____
_____ (fill in blank)**

I was able to overcome obstacles by leaning on the following people for help, support, and guidance (fill in the blank)

Person 1: _____

Person 2: _____

Person 3: _____

I was able to find connection, community, and answers in the following places (fill in the blank, this can be the place you found people)

Place 1: _____

Place 2: _____

Place 3: _____

**It took me _____ (fill in amount of time)
to reach my goal. I'm so proud of myself and my accomplishments!**

MY COLLEGE STORY

Tell the story of your first year in college (SAMPLE STORY)

* * *

Dear Me,

It's May 1, 2024 (fill in with a date in the future).

I reached my goal and accomplished finishing my first year at Central Washington University with a 3.5 GPA and getting a full scholarship.

The most uncomfortable part of this experience was: paying for college and learning how to study for college level classes.

I was able to overcome obstacles by leaning on the following people for help, support, and guidance (fill in the blank)

Person 1: GEAR UP Counselor

Person 2: Financial aid advisor

Person 3: Tutors in the academic support center

I was able to find connection, community, and answers in the following places (fill in the blank, this can be the place you found people)

Place 1: CWU Financial aid office

Place 2: Academic support center

Place 3: Scholarship website

It took me 12 months (fill in amount of time) to reach my goal. I'm so proud of myself and my accomplishments!

**INTRO TO COLLEGE:
YOUR COLLEGE PLAN**



MY SOCIAL STORY

Think about friends, relationships, family, clubs, activities, and organizations:

**INTRO TO COLLEGE:
YOUR NAKED COLLEGE PLAN**



MY EMOTIONAL STORY

Think about your emotional well-being, fears faced, obstacles overcome, anxiety eased, the people who helped you, the places you found help.

**INTRO TO COLLEGE:
YOUR NAKED COLLEGE PLAN**



MY PHYSICAL STORY

Think about your physical surroundings (where you live, learn, sweat, play, and pray). Also, think about your physical health and well-being.

**INTRO TO COLLEGE:
YOUR NAKED COLLEGE PLAN**



MY FINANCIAL STORY

Think about making money, part-time jobs, work-study, loans, scholarships, and budgets.

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YOUR NAKED COLLEGE PLAN**



MY ACADEMIC STORY

Think about life inside the classroom, interactions with teachers, academic goals, resources to help you with study skills, time management, and classroom success.